



## Car Talk for Player Week #6

### Today's Core Value: Modeling Sportsmanship

**Specific Behaviors Reflective of Today's Core Value: A Player shows Sportsmanship in his/her actions by treating others kindly whether he/she is winning or losing and by following the rules of golf no matter how he/she is playing. To win and lose with grace. Golf is different from other sports because Players call penalties on themselves and report their own scores.**

**Today's Healthy Habit: Play – A variety of energizing play can help the body to stay strong, lean, fit, and be fun in the process. Sleep, diet, and other forms of re-charging allow one to engage in play on a daily basis. Play also helps to develop imagination and motor skills.**

**Today's Golf Fundamental: Target Awareness / Target Selection – See the target. Players learn to focus on the target and ways to alter the aim and direction of their intended shots. Players learn to see the target by standing behind their ball and finding their intended target line for every shot. "Every great golf shot starts from behind the ball."**

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### Guiding questions for parents to ask their child:

- What was fun/challenging/interesting today at The First Tee?
- What kinds of things did you learn today? About golf? About a core value? About a healthy habit?
- How does selecting a target in golf help you in your everyday life?
- Why is it important to stand behind the golf ball before swing?
- Tell me more about Sportsmanship? About Sportsmanship on the golf course?
- Why is golf different from other sports?
- What does it mean to win or lose with grace?