



## **Car Talk for Player Week #5**

**Today's Core Value: The Honesty of Players**

**Specific Behaviors Reflective of Today's Core Value: A Player shows Honesty in his/her actions by calling a penalty on himself/herself and by reporting the correct score including all strokes and penalty strokes.**

**Today's Healthy Habit: Safety – Players must follow all safety instructions and guidelines.**

**Today's Golf Fundamental: Get Ready to Swing – Hold, Set-Up, Aim, & Alignment. Hold – Left thumb on right side of grip, right thumb on left side of grip, glue hands together. Set-Up – Legs make the shape of an A, arms and club makes the shape of a Y. Aim & Alignment – Aim clubface at the target.**

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**Guiding questions for parents to ask their child:**

- What was fun/challenging/interesting today at The First Tee?
- What kinds of things did you learn today? About golf? About a core value? About a healthy habit?
- How does setting up to the golf ball properly, help you play better golf?
- How can you aim and align your body to the target?
- Tell me more about Honesty? About Honesty on the golf course?
- Why is golf different from other sports?
- How will I know when you are showing Honesty at home this week?