



Car Talk for Player Week #10

Today's Core Value: Playing with Perseverance – To play well in golf and to do well in other activities, players must keep going through tough breaks and their own mistakes. It is important to learn from past actions and mistakes.

Specific Behaviors Reflective of Today's Core Value: A Player shows Perseverance in his/her actions by trying his/her best regardless of how he/she is playing and by learning from his/her past actions and mistakes.

Today's Healthy Habit: Play – A variety of energizing play can help the body to stay strong, lean, fit, and be fun in the process. Sleep, diet, and other forms of re-charging allow one to engage in play on a daily basis. Play also helps to develop imagination and motor skills.

Today's Golf Fundamental: Target Awareness / Target Selection – See the target. Players learn to focus on the target and ways to alter the aim and direction of their intended shots. Players learn to see the target by standing behind their ball and finding their intended target line for every shot. "Every great golf shot starts from behind the ball."

Guiding questions for parents to ask their child:

- What was fun/challenging/interesting today at The First Tee?
- What kinds of things did you learn today? About golf? About a core value? About a healthy habit?
- How does choosing a target help you play better golf?
- What is a good way to control the distance that your golf ball travels?
- Tell me something about Playing with Perseverance?
- How do you use Perseverance on the golf course? At home? At school?
- How will I know when you are Perseverance?