



Car Talk for Player Week #1

Today's Core Value: Respect

Specific Behaviors Reflective of Today's Core Value: Code of Conduct – Respect Your Self, Respect Others, Respect Your Surroundings.

Today's Healthy Habit: Safety – Players must follow all safety instructions and guidelines.

Today's Golf Fundamental: Get Ready to Swing – Hold, Set-Up, Aim, & Alignment. Hold – Left thumb on right side of grip, right thumb on left side of grip, glue hands together. Set-Up – Legs make the shape of an A, arms and club makes the shape of a Y. Aim & Alignment – Aim clubface at the target.

Guiding questions for parents to ask their child:

- What was fun/challenging/interesting today at The First Tee?
- What kinds of things did you learn today? About golf? About a core value? About a healthy habit?
- How does getting ready to swing help you play better golf?
- Tell me more about Respect and the Code of Conduct.
- How do you show Respect for Your Self, Respect for Others, and Respect for Your Surroundings on the golf course?
- How do you show Respect for Your Self, Respect for Others, and Respect for Your Surroundings in school?
- How will I know when you are showing Respect at home this week?