**Today's Core Lesson: Meeting and Greeting with ALR & Five Steps for Meeting Someone New. ALR –
Ask the other person some open-ended questions. Listen to what the other person says. Respond to
what the person has said. Five Steps for Meeting Someone New – 1- Face the other person. 2-Smile
and look them in the eye. 3-Give a firm handshake. 4-State your name clearly and loudly. 5-If you
need more information, ask an open-ended question.**

**Today's Healthy Habit: School – Success in School – learning, building relationships, and contributing
to the school environment – leads to success in other areas of life.**

**Today's Golf Skills Fundamental: Clubface and Ball Contact - The direction that the clubface points
when the club makes contact with the ball is the general direction the ball will go. Open face – right
for a right-handed golfer. Square face – straight. Closed face – left for a right-handed golfer. The
precise clubface location that strikes the ball may vary horizontally or vertically. When the ball is
struck in the center of the clubface (sweet spot), the ball will generally travel a greater distance and
towards the intended target. Putting: Stroke the putter through the ball towards the target. Full
Swing: Swing the club through the ball towards the target. Strike the ball first and the ground second**

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Guiding questions and topics for parents to review with their child:

• What was fun/challenging/interesting today at The First Tee?

• What kinds of things did you learn today? About golf? About a core value/core lesson? About a healthy
habit?

•How does good ball contact and clubface direction help to play better golf?

• What should a Player do at the beginning of every round of golf?

• What does Meeting and Greeting with ALR mean?

• What are the Five Steps for Meeting Someone New?

• How can you use Meeting and Greeting with ALR and Five Steps for Meeting Someone New in golf? At
home? At school or in your community?

• How do you show Responsibility for the Course?