

*“I wanted to let you know The First Tee has really helped my students’ behavior, teamwork, and concentration in class. The First Tee has been a great way to introduce my students to the game of golf; while at the same time teaching them good core values in life. While using this program I have noticed my students gaining a better knowledge of team and being more courteous and supportive of one another.”*

—Matthew Scholz, Physical Education, Berryhill School

## Several Key Objectives

**DEVELOP** student appreciation for the positive personal and social values associated with the game in each lesson

**PRESENT** golf to students as a lifelong, health-enhancing activity

**ENGAGE** students in lesson activities that lead to motor skill development

**ENABLE** physical educators to introduce golf in a developmentally-appropriate manner, consistent with national standards developed by SHAPE

**PROVIDE** a complete golf program appropriate for today’s elementary school physical education students and teachers

The First Tee Education Patron



### The First Tee Mission

To impact the lives of young people by providing educational programs that build character, instill life-enhancing values and promote healthy choices through the game of golf.

### NINE CORE VALUES

Honesty  
Integrity  
Sportsmanship  
Respect  
Confidence  
Responsibility  
Perseverance  
Courtesy  
Judgment

### NINE HEALTHY HABITS

Energy  
Play  
Safety  
Vision  
Mind  
Family  
Friends  
School  
Community



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# The First Tee<sup>®</sup> National School Program

Launched in 2004, **The First Tee National School Program** is designed to establish a lifelong interest in golf by engaging young people in a structured golf curriculum that promotes personal character and health development within a physical education setting.

Introduced to more than 9,000 elementary schools in 1,400 school districts, The First Tee National School Program trains physical educators how to introduce students to the game of golf, The First Tee Nine Core Values and The First Tee Nine Healthy Habits in a physical education setting



## Comprehensive Program

Participating schools are provided with the necessary elements to deliver the program including curriculum, professional development training and equipment.

### Curriculum

The curriculum is written to align with national physical education standards established by the Society of Health And Physical Educators (SHAPE) and is designed to fit a variety of school physical education settings.

The curriculum centers on three primary areas that are seamlessly integrated into each lesson: 1) safe, fun introduction to the lifelong sport of golf, 2) character and health education—personal and social responsibility, 3) motor skill development and concept learning.

### Professional Development Training

Two forms of professional development training are offered to prepare physical educators to deliver the program—whether or not they are familiar with the sport of golf. The interactive online training program includes video of actual physical educators teaching lessons, excerpts from the curriculum manual, review questions and testing.

In-person trainings are conducted by The First Tee's certified trainers. These professional development training sessions are four hours and include activity demonstrations, hands-on participation, lesson plan set up and testing.

### Equipment

The First Tee uses developmentally-appropriate golf equipment that is durable and safe for indoor or outdoor use. It consists of colorful oversized clubs, tennis-style balls and a variety of targets. The introductory clubs are replicas of two basic traditional golf clubs, a putter and wedge. The heads are purposefully large and provide a hitting surface proportionately larger than the ball for easy learning and high success. It is also available for both right-handed and left-handed students.

